

Boston Public Schools

Dinner Menu

November 2015

DID YOU KNOW...

- All grain products are whole grain rich
- There are no pork products in this menu
- Meats are lean and cheeses are low fat
- All products contain zero trans fats

DINNER INCLUDES

1% Milk

PLEASE NOTE

- Menu is subject to change.

Dept. of Food & Nutrition Services

(617) 635 9144

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Cheese Dip w/ Lightly Salted Sunflower Seeds, Pretzels Applesauce Raisins ²	Chicken Salad w/ Honey Sunflower Seeds, Crackers Applesauce Raisins ³	Tuna Salad w/ Honey Soy Nuts, Crackers Raisins Applesauce ⁴	Soy Butter w/ Jelly Honey Sunflower Seeds, Graham Crackers, Raisins Applesauce ⁵	Hummus, Sunflower Seeds, Crackers Raisins Applesauce ⁶
Tuna Salad w/ Honey Soy Nuts, Crackers Raisins Applesauce ⁹	Hummus, Sunflower Seeds, Crackers Raisins Applesauce ¹⁰	Veteran's Day ¹¹	Chicken Salad w/ Honey Sunflower Seeds, Crackers Applesauce Raisins ¹²	Cheese Dip w/ Lightly Salted Sunflower Seeds, Pretzels Applesauce Raisins ¹³
Soy Butter w/ Jelly Honey Sunflower Seeds, Graham Crackers, Raisins Applesauce ¹⁶	Tuna Salad w/ Honey Soy Nuts, Crackers Raisins Applesauce ¹⁷	Cheese Dip w/ Lightly Salted Sunflower Seeds, Pretzels Applesauce Raisins ¹⁸	Hummus, Sunflower Seeds, Crackers Raisins Applesauce ¹⁹	Chicken Salad w/ Honey Sunflower Seeds, Crackers Applesauce Raisins ²⁰
Cheese Dip w/ Lightly Salted Sunflower Seeds, Pretzels Applesauce Raisins ²³	Chicken Salad w/ Honey Sunflower Seeds, Crackers Applesauce Raisins ²⁴	Thanksgiving Recess ²⁵	Thanksgiving Recess ²⁶	Thanksgiving Recess ²⁷
Tuna Salad w/ Honey Soy Nuts, Crackers Raisins Applesauce ³⁰				